

Suicide Prevention Service of the Central Coast

2023 Suicide Loss Survivors Support Groups



Suicide Loss Survivors - Santa Cruz County
(previously known as WINGS):
1st and 3rd WEDNESDAYS

Suicide Loss Survivors - Monterey/San Benito
(previously known as LOSS):
THURSDAYS following the last WINGS meeting of the month.

Date	Day	Group	Time	Location
5/3	Wednesday	Suicide Loss Survivors - Santa Cruz County (WINGS)	7:00pm - 8:30 pm	In Person
5/17	Wednesday	Suicide Loss Survivors - Santa Cruz County (WINGS)	7:00pm - 8:30 pm	Virtual via Zoom
5/25	Thursday	Suicide Loss Survivors - Monterey/San Benito (LOSS)	10:00am - 11:30am	Virtual via Zoom
6/7	Wednesday	Suicide Loss Survivors - Santa Cruz County (WINGS)	7:00pm - 8:30 pm	In Person
6/21	Wednesday	Suicide Loss Survivors - Santa Cruz County (WINGS)	7:00pm - 8:30 pm	Virtual via Zoom
6/29	Thursday	Suicide Loss Survivors - Monterey/San Benito (LOSS)	10:00am - 11:30am	Virtual via Zoom
7/5	Wednesday	Suicide Loss Survivors - Santa Cruz County (WINGS)	7:00pm - 8:30 pm	In Person
7/19	Wednesday	Suicide Loss Survivors - Santa Cruz County (WINGS)	7:00pm - 8:30 pm	Virtual via Zoom
7/27	Thursday	Suicide Loss Survivors - Monterey/San Benito (LOSS)	10:00am - 11:30am	Virtual via Zoom
8/2	Wednesday	Suicide Loss Survivors - Santa Cruz County (WINGS)	7:00pm - 8:30 pm	In Person
8/16	Wednesday	Suicide Loss Survivors - Santa Cruz County (WINGS)	7:00pm - 8:30 pm	Virtual via Zoom
8/24	Wednesday	Suicide Loss Survivors - Monterey/San Benito (LOSS)	10:00am - 11:30am	Virtual via Zoom



To learn how to join a group, call our offices at 831-459-9373 ext. #5 or email: sps24hr@fsa-cc.org. Currently our groups are for adults 18 and over; please call us to learn about resources for youth.