



**ASIST**  
Applied Suicide Intervention Skills Training



**PRE-REGISTRATION REQUIRED**

**REGISTER  
HERE**

Participants **MUST** be able to attend both days

May 18 & 19 Thursday and Friday

10:00 am - 6:00 pm

Location: Monterey County Health Department  
Whitney Conference Rooms 1270  
Natividad Road  
Salinas, CA 93906

July 11 & 12 Tuesday and Wednesday

10:00 am - 6:00 pm

Location: San Benito County Behavioral Health  
Redwood Conference Room  
1131 Community Parkway  
Hollister, CA 95023

September 28 & 29 Thursday and Friday

10:00 am - 6:00 pm

Location: Family Service Agency Central Coast  
104 Walnut Avenue, Suite #20  
Santa Cruz, CA 95060




Scan the code for more training information

**ASIST is a 2-day training program that teaches participants how to assist those at risk for suicidal thinking, behavior, and attempts. Although many healthcare professionals use ASIST, anyone 16 years or older can use the approach, regardless of professional background.**

**Program Objectives**

After training, ASIST participants should be able to:

- Recognize that caregivers and persons at risk are affected by personal and societal attitudes about suicide.
- Discuss suicide in a direct manner with someone at risk.
- Identify risk alerts and develop related safety plans.
- Demonstrate the skills required to intervene with a person at risk of suicide.
- List the types of resources available to a person at risk, including themselves.
- Make a commitment to connecting with and improving community resources.
- Continuing Education Units (CEUs) are available and provided by LivingWorks.



**Family Service Agency of the Central Coast**

Attendance is free, thanks to our community partners' support



For registration information or if you have any questions, please reach out to us at [sps24hr@fsa-cc.org](mailto:sps24hr@fsa-cc.org)